

**OA Foot Steps  
Business Meeting  
April 10 , 2022**

**AGENDA**

**Serenity Prayer** - All  
**12 Steps** – Ruth  
**12 Traditions** – Susie  
**12 Concepts** – Jane D

**Establishing Ground Rules-** Claire Vice-Chair

Voting members Established – 31

**Chair Notes**

Claire, the Vice- Chair is standing in for the Chair Renée H at today's meeting.  
New Meeting Reps Welcomed  
Approval of Minutes – the previous minutes were approved with no objections.  
Review of Agenda by Claire- vice chair

**Treasurer's Report**

Alix reported-there was \$2277.32 (Canadian dollars) contributed as donations in the month of March. Alix stated that the prudent reserve has enough funds to send six representatives to WSBC next year in person. She also stated to expect a motion in the future about how the best build up the reserve.  
The treasurer's report was approved with no objections.

**Committee Reports**

**1. IR Basics**

Ann P. Reported that the Intergroup Rep Basics presentation is about 20 minutes. It includes reviewing the responsibilities of an Intergroup Rep and explains the inverted pyramid for those who want to move up in the service hierarchy of OA. Workshops are twice a month and are listed on the calendar. For more information you can email Ann at [irbasics@oafootsteps.com](mailto:irbasics@oafootsteps.com)

**2. Security**

Janet reported that The Security Team has started two new WhatsApp groups, a Meeting Intrusion Support, and a Security Emergency Team group. She stated that OA Footsteps needs a Security Emergency Response Team especially in the evenings from 8 PM to 2 AM Eastern time frame to help if necessary. Warned that new intruders are coming into meetings stating they are from Zoom Security asking to be cohosted. Janet noted there is no such thing as Zoom Security and to never pass host or cohost to anyone unless they have been identified as a trusted fellow.

### **3. Meetings**

Lucie reported currently, they are working on how to support non-Realtime meetings. And how to distinguish between registered and non-registered real time meetings such as Facebook or WhatsApp meetings. They are also working to identify the difference between an actual non-Realtime meeting and a fellowship group. Lucie noted that she plans to step down from being chair of this Committee and announced that they will be voting on the new chair at the next Committee meeting.

### **4. Creative Reprieve**

Andres reported that he would be stepping down as vice chair of the Creative Reprieve committee.

## **Establishing Voting Members - 31**

### **New Business**

**Motion-** James submitted a motion and proposes that new OA literature is created that is specifically designed for fellows with mental health difficulties and their sponsors, similar to the AA literature that exists titled, "A.A. for Alcoholics with Mental Health Issues – And Their Sponsors.". The full motion can be found here:

<https://oafootsteps.com/wp-content/uploads/2022/04/OAFS-VIG-Mental-Health-Literature-Proposal-to-be-submitted-to-the-OA-World-Service-Office-if-approved.pdf>

### **Motion Discussion:**

#### Pro-

James- the maker of the motion noticed that there was no literature specifically highlighting mental health in OA. When asking for individual experiences of those in OA regarding mental health, he stated that there was a lot of participation and James felt that it was a group effort to get this motion forward. He also informed everyone that a yes vote here is only the first step. If passed, it will go to an OA Literature Committee where it will go through rigorous steps. He feels this will be beneficial to everyone in Overeaters Anonymous, especially those dealing with mental health issues.

Alix- felt that the mental health literature is a brilliant idea, and it meets the primary purpose of OA by reaching out to the compulsive overeater that still suffers especially those dealing with mental health issues. She felt that diversity is such an important part of our program that this literature would help reach out to those individuals.

Liz- is a part of the literature committee going to WSBC, and feels that taking ideas presented today as suggestions for a mental health focused literature, is a great idea.

#### Con-

Trina- felt that the document needed to have more information added to it. She suggested a section added to the literature on dealing with toxic personalities. She felt that the literature should not pertain only to medication or Western medicine as it felt limiting to her.

## **Questions**

Ed-asked if this process has been modeled after other twelve-step groups? James answered that it was similar to literature put out by Alcoholics Anonymous.

Brenda- wants to know if there will be an opportunity to add other stories to the literature, and where would they send their stories to? James answered by saying that after this process, it will be out of his hands. This is just the preliminary process as a proposal for the literature to be created.

Trina- asking if this document we are voting on today is the final submission. James clarified that this was not the actual literature that would be created. It is a proposal to show why mental health literature needed to be created, and what it could potentially be.

Jammie- asked if because we're getting this vote in late for the assembly, will this need to wait until next year to be voted on? James did confirm that the deadline was passed for this year, but after this point, it is out of his hands.

Alix- wanted to know if we could write to the board on behalf of OA footsteps in order to push this through, and request they extend the deadline to get it in this year.

## **Vote-**

The motion is called to a vote, and it **passes** with 97% in favor.

## **Discussion/Announcements**

Alix announced that Creative Reprieve is doing "coffee house" events where there will be entertainment. So, if you want to sign up or want more information reach out to [oacreative.org](http://oacreative.org).

Renee D thanked Claire and everyone helping in the meeting today for their service and complemented the communication of the security team for working so hard to keep our meeting safe.

Ron wanted to thank everyone for their service especially James for bringing forth such a tremendous amount of work with the mental health literature proposal.

Monica wanted to announce that although there wasn't a formal report made from the Sponsor/Sponsee Committee, she wanted to let everyone know that Leslie is working to organize the Sponsor/Sponsee committee to discuss the goals going forward. And to let her know if anyone was interested in joining their committee.

Alix announced that if anyone had a submission for the character to visit the creative reprieve website.

Sharon wanted to warn the intergroup, specifically the security team about a few individuals that have intruded in our meetings and displayed some very disturbing behaviors.

## **Motion To Close**

Renee D made a motion to close the meeting, Sharon seconded. Motion passes. Closed with no objections. The we version of the Serenity Prayer was said.