OAFS Business Meeting Minutes 7th May, 2023 3:00-4:30 PM EST

Call to Order 3:03 PM ET

Readings: Concept number 5 read by Alix. 12 Concepts:

https://oa.org/service-bodies/twelve-concepts/

Introduction of Parliamentarian

Parliamentarian and filling in as the role of Center Mic (CMM) Sharlotte introduced.

Establishing Ground Rules • No eating or chewing gum on camera. Beverages permitted.

Virtual Meeting Set-up

Welcome New Meeting Reps

Quorum Met: 29 Representatives, 4 Board Members

Previous Minutes:

No Minutes for April to be approved.

Approval of last month (April) and this month (May) will be approved in our next meeting June 11th

Standing Rules adopted without objection

Review of Agenda Adopted without objection

Board report: WSBC was a success and a lot of fun.

New Business: Virtual Region Assembly Nominations/elections:

RJ and Lisa volunteered

27 out of 27 voted

WSBC Report and Results: Sandy C.

"Hi, everybody! I'm Sandy. I'm a very grateful recovered compulsive overeater, and I was very honored and humbled to represent footsteps at the Wsbc World Service Business Conference. It was my first time ever going to Wsbc. It was incredible. It's really amazing. 176 delegates, and then I think there had to be at least another 175 volunteers that many people spend their own time to come and do service. "One of the things that was powerful for me is the whole conversation about outside issues."

Lisa G.

"A highlight 5 of us are on the Unity with Diversity Committee that broke into 3 subcommittees. I'm big on strength in the strength in diversity. Renee was in the same group as I. So here the groups, the Bylaws literature, P. Ipo. 12 step within unity, with diversity and young People. I'm really excited about our group. We're working on 3 projects. One is about getting a blast or communication type newsletters out. The second is workshops, and the third has to do with reviewing Unity Day, and maybe making a unity with Diversity Day."

Monica S:

"There was a strength and Diversity Subcommittee. And then there was also mine, which is the Diversity Action Subcommittee, and we named ourselves that. I am trying to get more diversity in OA Foot steps. The conference was an amazing experience."

Rick K.:

"One of the most powerful big scenes, and the first Serenity prayer. was a woman from Ukraine and a woman from Russia holding hands. saying the serenity, prayer, and their native languages, and all of us joining in, in English. There was not a dry eye in the room."

Rachel C.:

"I was really honored to be able to represent another voice, and understand how it works. Also to get another sort of like viewpoint on how similar I am to everybody, and how the differences. or assets between us all are. It's great to build a rounded, fully faceted view of what OA is and can be. I'm also one of the 5 people that was on the Unity with Diversity Committee. I was in the Subcommittee with Monica and I'm so stoked to start with getting meetings for underrepresented communities going in the 4 corners region of the United States."

"Alix, and Renee all spoke and gave their experience about the conference: All said it was a great experience and they all got a lot done."

Alix S.:

"One of the really significant things from all the region reports was seeing the growth of virtual meetings across OA. Almost every single region has had anywhere from like 30 to 50% growth. I was then made chair of one of the subcommittees called Lifeline social media for OA.org, very excited. It was incredible!

Renee:

"I have no words for how wonderful that was. My life was really small until I came to OA. and to become a part of a community. And because of the way my life is a lot bigger. and it got even bigger. At WSBC. I met people from Greece, Russia and Ukraine. Being in the presence of people that have the same goals as me, to help the compulsive overeater who still suffers."

Service Opportunities Mini-Fair:

Monica: PIPO Unity with Diversity Committee. Ordered, designed, and printed business cards for OA Footsteps. We want to get these in the hands of Dr's, community fairs, family, friends. Have a couple thousand to hand out. If you want a business card or more to hand out please email Monica:

MonicaS@oafootsteps.com Our next Committee meeting is May 20th at noon ET. every other Sat.

Martine: Languages Committee. We want to translate the PIPO Business Cards into other languages to hand out. Putting up a French podcast on OA Footsteps website. We will be the very 1st podcast in French, very excited. We need new blood. Not on

Sunday's any more. If you are interested please email me at: Martine@oafootsteps.com

<u>Alix</u>: Please volunteer for the Information Committee, it needs lots of help!

Also the By-laws committee needs help too. Please contact: Service opportunities in Footsteps:

https://oafootsteps.com/service-opportunity/

<u>Theresa Chicago</u>: OA BUSINESS CARD REQUEST FORM - https://docs.google.com/forms/d/e/1FAIpQLSeO7rwbTVFmmmdN aXUOeNhgAPUOkhrpf5AUbNCOhxoxvTx-vQ/viewform?usp=sf_li nk

Special Events Committee for OA Creative Reprieve: New event the second Saturday of the month at 6pm est. Every September we will get together and have our annual "Festival of Creativity." April OA Foot Steps Birthday event was a great success!

Jen M.: 12 Step Within Committee: We are about to launch a 15 week step study course on OA Foot Steps: Wednesdays at 6:30pm-8:30pm Est on May 24th. Also a Friday Session starting May 26th from 1pm-3pm est.

Alan P.: Security Committee. We provide workshops to train members in keeping security at their meetings. 13th of May 1pm est. for a workshop on Security. Also started up a Q and A workshop around security, which was very successful and well attended. The second one will be on the 10th of June. Also have a whatsapp group on intruder alerts.

Open Forum:

Carol S.: Brought up putting security people in the waiting room.

Martin: Wanted to thank everyone for doing service today.

Gary D: Wants some business cards to bring back to World Service Meetings.

Sharlotte: Gave 5 minutes on the WSBC. Russian and Ukraine saying the Serenity Prayer together was amazing.

Adjournment Serenity Prayer 4:50PM ET